

Basic Meditation at Mayo Clinic - 2019

Day	Date	Time	Scottsdale Room *	Phoenix Room *	Thunderbird Room *
Mon	Jan 7	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	Jan 21	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Feb 4	12:00-12:30 pm	MCB Taylor	MCB-Phx 1-846 (Emp. only)	TB 1-306 (Emp. only)
Mon	Feb 18	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Mar 4	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	Mar 18	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	Apr 1	12:00-12:30 pm	CP17B (Emp. only)	MCB-Phx 1-846 (Emp. only)	TB 1-306 (Emp. only)
Mon	Apr 15	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	May 6	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	May 20	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Jun 3	12:00-12:30 pm	MCB Taylor	MCB-Phx 1-846 (Emp. only)	TB 1-306 (Emp. only)
Mon	Jun 17	12:00-12:30 pm	CP17B (Emp. only)	MH 1-115	TB 1-306 (Emp. only)
Mon	Jul 1	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	Jul 15	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Aug 5	12:00-12:30 pm	MCB Taylor	MCB-Phx 1-846 (Emp. only)	TB 1-306 (Emp. only)
Mon	Aug 19	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Sep 9	12:00-12:30 pm	MCB Taylor	SP 1-440 (Emp. only)	TB 1-306 (Emp. only)
Mon	Sep 23	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Oct 7	12:00-12:30 pm	CP17B (Emp. only)	MCB-Phx 1-846 (Emp. only)	TB 1-306 (Emp. only)
Mon	Oct 21	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Nov 4	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)
Mon	Nov 18	12:00-12:30 pm	CP81C	MH 1-115	TB 1-306 (Emp. only)
Mon	Dec 2	12:00-12:30 pm	CP17B (Emp. only)	MH 1-135 (Emp. only)	TB 1-306 (Emp. only)
Mon	Dec 16	12:00-12:30 pm	MCB Taylor	MH 1-115	TB 1-306 (Emp. only)